



VIGNOLA GOURMET
— CATERING & MARKET —

THE HEIGHTS HOT LUNCH MENU

MARCH 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <i>SALAD</i> & <i>SOUP OF THE DAY</i> | <i>SALAD</i> & <i>SOUP OF THE DAY</i> | <i>SALAD</i> & <i>SOUP OF THE DAY</i> | <i>SALAD</i> & <i>SOUP OF THE DAY</i> | <i>SALAD</i> & <i>SOUP OF THE DAY</i> |
| 2 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert | 3 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert | 4 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert | 5 GREEK CHICKEN Rice & Veggies Fresh Fruit/ Dessert | 6 BAKED ZITI With Tomato Sauce, Cream & Cheese Fresh Fruit/Dessert |
| 9 PASTA Chicken Alfredo Fresh Fruit / Dessert | 10 CHICKEN KEBAB Rice & Veggies Fresh Fruit/Dessert | 11 CORN DOGS & MAC Chicken Corn Dogs served with Mac & Cheese Fresh Fruit/Dessert | 12 CROISSANTS Ham & Cheese, Cheese Chips Fresh Fruit / Dessert | 13 CHEESE QUESADILLAS Chips & Salsa Fresh Fruit / Dessert |
| 16 MEATBALL SUB Chips Fresh Fruit/Dessert | 17 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert | 18 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert | 19 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert | 20 PASTA Cheese Tortellini Fresh Baked Bread Fresh Fruit / Dessert |
| 23 SLOPPY JOE Potato Chips Fresh Fruit/Dessert | 24 PASTA Chicken Alfredo Fresh Fruit / Dessert | 25 PULLED PORK BBQ Served on a Bun with Sweet Potato Fries Fresh Fruit / Dessert | 26 ASIAN CHICKEN Fried Rice Fresh Fruit/Dessert | 27 FISH STICKS Served with Potatoes Tarter Sauce Fresh Fruit/Dessert |
| 30 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert | 31 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert | | | |