



**VIGNOLA GOURMET**  
— CATERING & MARKET —

# THE HEIGHTS HOT LUNCH MENU

**FEBRUARY 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
2 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	3 ASIAN CHICKEN Fried Rice Fresh Fruit/Dessert	4 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert	5 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	6 MEATBALL SUB Chips Fresh Fruit/Dessert
9 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert	10 CHICKEN KEBAB Rice & Veggies Fresh Fruit/Dessert	11 PASTA Chicken Alfredo Fresh Fruit / Dessert	12 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	13
16	17 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert	18 BAKED ZITI With Tomato Sauce, Cream & Cheese Fresh Fruit/Dessert	19 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	20 PASTA Cheese Tortellini Fresh Baked Bread Fresh Fruit / Dessert
23 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	24 PASTA Chicken Alfredo Fresh Fruit / Dessert	25 PULLED PORK BBQ Served on a Bun with Sweet Potato Fries Fresh Fruit / Dessert	26 CROISSANTS Ham & Cheese, Cheese Sweet Potato Fries Fresh Fruit / Dessert	27 FISH STICKS Served with Potatoes Tarter Sauce Fresh Fruit/Dessert