



VIGNOLA GOURMET
— CATERING & MARKET —

THE HEIGHTS HOT LUNCH MENU

DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
1 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	2 MEATBALL SUB Chips Fresh Fruit/Dessert	3 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert	4 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	5 ASIAN CHICKEN Fried Rice Fresh Fruit/Dessert
8 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert	9 PULLED PORK BBQ Served on a Bun with Sweet Potato Fries Fresh Fruit / Dessert	10 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	11 CHICKEN KEBAB Rice & Veggies Fresh Fruit/Dessert	12 PASTA Tortellini Fresh Baked Bread Fresh Fruit / Dessert
15 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	16 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert	17 PASTA Chicken Alfredo Fresh Fruit / Dessert	18 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	19 CROISSANTS Ham & Cheese, Cheese Sweet Potato Fries Fresh Fruit / Dessert
22	23	24	25	26
29	30	31		