

THE HEIGHTS HOT LUNCH MENU

APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD	SALAD	SALAD	SALAD	SALAD
&	&	&	&	&
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
	PASTA Chicken Rose Fresh Baked Bread Fresh Fruit/Dessert	2 KEBAB Chicken with Veggies Rice, Hummus Fresh Fruit/ Dessert	3 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert	4 FISH & CHIPS Battered Fish Served With "Chips" and Tarter Sauce Fresh Fruit/Dessert
7 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	8 CRISPY BEEF TACOS Rice & Fixings Fresh Fruit/Dessert	9 CROISSANTS Ham & Cheese, Cheese Sweet Potato Wedges Fresh Fruit / Dessert	10 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	PASTA PASTA Baked Ziti Fresh Baked Bread Fresh Fruit / Dessert
14 CHICKEN SAND Breaded Chicken served with Tater Tots Fresh Fruit/Dessert	15 BEEF BURRITOS Chips & Salsa Fresh Fruit / Dessert	PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	17 EASTER BREAK	18 EASTER BREAK
21 EASTER BREAK	22 EASTER BREAK	23 EASTER BREAK	24 EASTER BREAK	25 EASTER BREAK
28 MEATBALL SUB Chips Salad Fresh Fruit / Dessert	CROISSANTS Ham & Cheese, Cheese Sweet Potato Wedges Fresh Fruit / Dessert	30 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert		