

THE HEIGHTS HOT LUNCH MENU

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD	SALAD	SALAD	SALAD	SALAD
&	&	&	&	&
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
		1 NO LUNCH	2 NO LUNCH	3 NO LUNCH
6 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	7 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	8 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	9 BEEF BURRITOS Chips & Salsa Fresh Fruit / Dessert	10 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert
SLOPPY JOE Potato Chips Fresh Fruit/Dessert	PASTA Rigatoni w/ Meat Sauce Fresh Baked Bread Fresh Fruit / Dessert	15 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert	16 CROISSANTS Ham & Cheese, Cheese Sweet Potato Wedges Fresh Fruit / Dessert	17 NO LUNCH
20 NO LUNCH	PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	22 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert	BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	24 NO LUNCH
27 MEATBALL SUB Chips Salad Fresh Fruit / Dessert	28 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert	PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	30 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	31 NO LUNCH