

THE HEIGHTS HOT LUNCH MENU

NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD	SALAD	SALAD	SALAD	SALAD
&	&	&	&	&
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
				1 NO LUNCH
4 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	5 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	6 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	7 BEEF BURRITOS Chips & Salsa Fresh Fruit / Dessert	8 NO LUNCH
11 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	12 PASTA Rigatoni w/ Meat Sauce Fresh Baked Bread Fresh Fruit / Dessert	13 CRISPY BEEF TACOS Rice& Fixings Fresh Fruit / Dessert	14 CHICKEN KEBAB Sweet Potato Wedges & Veggies Fresh Fruit/Dessert	15 CROISSANTS Ham & Cheese, Cheese Sweet Potato Wedges Fresh Fruit / Dessert
18 MEATBALL SUB Chips Salad Fresh Fruit / Dessert	19 CHILI DOGS All Beef Hot Dogs Baked Beans Fresh Fruit/Dessert	20 CHICKEN QUESADILLAS Chips & Salsa Fresh Fruit / Dessert	21 CHEESE TORTELLINI With Meat Sauce Fresh Baked Bread Fresh Fruit / Dessert	22 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert
25 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	26 PASTA BEEF RAVIOLI Fresh Baked Bread Fresh Fruit / Dessert	27 NO LUNCH	28 NO LUNCH	29 NO LUNCH