

THE HEIGHTS HOT LUNCH MENU

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD	SALAD	SALAD	SALAD	SALAD
&	&	&	&	&
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
		PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	2 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert
6 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	7 CHICKEN ALFREDO Fresh Baked Bread Fresh Fruit / Dessert	8 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	9 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	FISH STICKS Served with Mashed Potatoes Fresh Fruit / Dessert
SLOPPY JOE Chips Salad Fresh Fruit / Dessert	14 CHICKEN CACCIATORE Rice Fresh Fruit/Dessert	15 PASTA MEATBALLS Tomato Sauce or Butter Fresh Fruit / Dessert	16 CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert	BURGERS Or Cheeseburgers Tater Tots Fresh Fruit / Dessert
20 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	21 BBQ PULLED CHICKEN Texas Toast, BBQ Beans Fresh Fruit/Dessert	TENDERS & MAC Chicken Tenders & Mac and Cheese Fresh Fruit / Dessert	PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	FISH STICKS Sweet Potato Wedges Fresh Fruit / Dessert
NO LUNCH	PASTA MEATBALS Tomato Sauce or Butter Fresh Fruit / Dessert	SLOPPY JOE Chips Salad Fresh Fruit / Dessert	30 CRISPY BEEF TACO Rice & Fixings Fresh Fruit / Dessert	CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert