

THE HEIGHTS HOT LUNCH MENU

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD	SALAD	SALAD	SALAD	SALAD
&	&	&	&	&
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
1	2	3	4	5
8 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	9 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	10 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	11 TENDERS & MAC Chicken Tenders & Mac and Cheese Fresh Fruit / Dessert	12 FISH STICKS Served with Tater Tots Fresh Fruit / Dessert
BURGERS Or Cheeseburgers Fresh Fruit / Dessert	16 CHICKEN CACCIATORE Mashed Potatoes Fresh Fruit/Dessert	17 CHICKEN ALFREDO Fresh Baked Bread Fresh Fruit / Dessert	18 CRISPY BEEF TACO Rice & Fixings Fresh Fruit / Dessert	19 FISH STICKS Served with Tater Tots Fresh Fruit / Dessert
22 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	23 BEEF TORTELLINI Tomato Sauce or Butter Fresh Fruit / Dessert	24 BBQ PULLED CHICKEN Texas Toast, BBQ Beans Fresh Fruit/Dessert	25 CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert	26 FISH STICKS Served with Tater Tots Fresh Fruit / Dessert
29 SLOPPY JOE Chips Salad Fresh Fruit / Dessert	30 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert			