



**VIGNOLA GOURMET**  
— CATERING & MARKET —

# THE HEIGHTS HOT LUNCH MENU

**MARCH 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
				1 PASTA Tomato Sauce or Butter Fresh Fruit / Dessert
4 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	5 CRISPY BEEF TACO Rice & Fixings Fresh Fruit / Dessert	6 CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert	7 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	8 PASTA Tomato Sauce or Butter Fresh Fruit / Dessert
11 SLOPPY JOE Chips Salad Fresh Fruit / Dessert	12 ORANGE CHICKEN Sticky Rice Fresh Fruit/Dessert	13 CHICKEN KEBAB Festive Rice Fresh Fruit/Dessert	14 BURGERS Or Cheeseburgers Fresh Fruit / Dessert	15 PASTA Tomato Sauce or Butter Fresh Fruit / Dessert
18 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	19 CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert	20 TENDERS & MAC Chicken Tenders & Cheese Fresh Fruit / Dessert	21 CRISPY BEEF TACO Rice & Fixings Fresh Fruit / Dessert	22 PASTA Tomato Sauce or Butter Fresh Fruit / Dessert
25 SLOPPY JOE Chips Salad Fresh Fruit / Dessert	26 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	27 <b>SPRING BREAK</b>	28 <b>SPRING BREAK</b>	29 <b>SPRING BREAK</b>