

THE HEIGHTS HOT LUNCH MENU

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD	SALAD	SALAD	SALAD	SALAD
&	&	&	&	&
SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
			1 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	NO LUNCH
5 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	6 BEEF TACO BOWL Rice & Fixings Fresh Fruit / Dessert	7 PASTA Chicken Rose Rice and Fixings Fresh Fruit / Dessert	8 CHICKEN KEBAB Festive Rice Fresh Fruit/Dessert	9 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert
SLOPPY JOE Chips Salad Fresh Fruit / Dessert	ORANGE CHICKEN Sticky Rice Fresh Fruit/Dessert	PASTA Tomato Sauce or Butter Fresh Baked Bread Fresh Fruit/Dessert	15 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	NO LUNCH
19 NO LUNCH	20 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert	21 CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert	22 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	PASTA Tomato Sauce or Butter Fresh Fruit / Dessert
26 SLOPPY JOE Chips Salad Fresh Fruit / Dessert	PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	28 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	29 BURGERS Or Cheeseburgers Fresh Fruit / Dessert	