



VIGNOLA GOURMET
— CATERING & MARKET —

THE HEIGHTS

HOT LUNCH MENU

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
1 NO LUNCH	2 NO LUNCH	3 PASTA Chicken Rose Rice and Fixings Fresh Fruit / Dessert	4 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	5 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert
8 SLOPPY JOE Chips Salad Fresh Fruit / Dessert	9 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	10 CRISPY BEEF TACOS Rice & Fixings Fresh Fruit / Dessert	11 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	12 NO LUNCH
15 NO LUNCH	16 PASTA & MEATBALLS Fresh Baked Bread Fresh Fruit/Dessert	17 ORANGE CHICKEN Sticky Rice Fresh Fruit/Dessert	18 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	19 NO LUNCH
22 BURGERS Or Cheeseburgers Fresh Fruit / Dessert	23 CROISSANTS Ham & Cheese, Cheese Fresh Fruit / Dessert	24 PASTA Chicken Rose Rice and Fixings Fresh Fruit / Dessert	25 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	26 MEATBALL SUBS Pasta Salad Fresh Fruit/Dessert
29 SLOPPY JOE Chips Salad Fresh Fruit / Dessert	30 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	31 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert		