



VIGNOLA GOURMET
— CATERING & MARKET —

THE HEIGHTS HOT LUNCH MENU

SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
4 NO LUNCH	5 NO LUNCH	6 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	7 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	8 BURGERS Or Cheeseburgers Sweet Potato Wedges Fresh Fruit / Dessert
11 MEATBALL SUB Chips Salad Fresh Fruit / Dessert	14 TERIYAKI CHICKEN Fried Rice Fresh Fruit/Dessert	13 PASTA Beef Tortellini Fresh Baked Bread Fresh Fruit / Dessert	14 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	15 BEEF BURRITOS Fixin Bar Fresh Fruit / Dessert
18 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	19 ORANGE CHICKEN Served with Sticky Rice Fresh Fruit/Dessert	20 PASTA Chicken Rose Fresh Baked Bread Fresh Fruit / Dessert	21 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	22 BEEF SOFT TACOS Rice & Fixings Fresh Fruit / Dessert
25 BURGERS Or Cheeseburgers Sweet Potato Wedges Fresh Fruit / Dessert	26 CROISSANTS Ham & Cheese, Cheese Potato Succotash Fresh Fruit / Dessert	27 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	28 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	29 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert