



**VIGNOLA GOURMET**  
— CATERING & MARKET —

# THE HEIGHTS HOT LUNCH MENU

**MARCH 2023**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
		1 CHICKEN FAJITAS Rice and Fixings Fresh Fruit / Dessert	2 PULLED PORK Mac Salad Coleslaw & Bread Fresh Fruit / Dessert	3 PASTA Plain or Tomato Sauce Fresh Baked Bread Fresh Fruit
6 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	7 CHICKEN GYRO Pita & Hummus Rice & Fixings Fresh Fruit / Dessert	8 BURGERS Or Cheeseburgers Sweet Potato Wedges Fresh Fruit / Dessert	9 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	10 PASTA Plain or Tomato Sauce Fresh Baked Bread Fresh Fruit / Dessert
13 MEATBALL SUB Chips Fresh Fruit / Dessert	14 CHICKEN FAJITAS Rice and Fixings Fresh Fruit / Dessert	15 CORN DOGS Mac & Cheese Fresh Fruit / Dessert	16 TERIYAKI STIR FRY Rice/Veggies Fresh Fruit Dessert	17 PASTA Plain or Tomato Sauce Fresh Baked Bread Fresh Fruit / Dessert
20 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	21 CACCIATORE Chicken Cacciatore Fresh Fruit Dessert	22 CHICKEN KEBAB Rice and Veggies Fresh Fruit / Dessert	23 BEEF BURRITOS Fixing Bar Fresh Fruit / Dessert	24 PASTA Baked Ziti Fresh Baked Bread Fresh Fruit / Dessert
27 BURGERS/CHEESE Sweet Potato Wedges Fresh Fruit / Dessert	28 CROISSANTS Ham & Cheese, Cheese Potato Succotash Fresh Fruit / Dessert	29 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	30 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	31 <b>NO LUNCH</b>