



**VIGNOLA GOURMET**  
— CATERING & MARKET —

# THE HEIGHTS HOT LUNCH MENU

**FEBRUARY 2023**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
		1 PASTA Beef Ravioli Fresh Baked Bread Fresh Fruit	2 CHICKEN QUESADILLAS Rice and Fixings Fresh Fruit / Dessert	3 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert
6 MEATBALL SUB Chips Fresh Fruit / Dessert	7 CACCIATORE Chicken Cacciatore Fresh Fruit Dessert	8 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	9 BEEF BURRITOS Fixing Bar Fresh Fruit / Dessert	10 BBQ CHICKEN Mac Salad Fresh Fruit Dessert
13 SLOPPY JOE Potato Chips Fresh Fruit/Dessert	14 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	15 PASTA Beef Tortellini Fresh Baked Bread Fresh Fruit / Dessert	16 BURGERS Or Cheeseburgers Sweet Potato Wedges Fresh Fruit / Dessert	17 <b>NO LUNCH</b>
20 <b>NO LUNCH</b>	21 TERIYAKI STIR FRY Rice/Veggies Fresh Fruit Dessert	22 PASTA Alfredo Fresh Baked Bread Fresh Fruit / Dessert	23 MEATBALL SUB Chips Fresh Fruit / Dessert	24 QUESADILLAS Rice and Fixings Fresh Fruit / Dessert
27 CROISSANTS Ham & Cheese, Cheese Potato Succotash Fresh Fruit / Dessert	28 CHICKEN KEBAB Rice and Veggies Fresh Fruit / Dessert			