



**VIGNOLA GOURMET**  
— CATERING & MARKET —

# THE HEIGHTS HOT LUNCH MENU

**MAY 2022**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>	<i>SALAD</i> & <i>SOUP OF THE DAY</i>
2 Meatball Subs Chips Salad Fresh Fruit / Dessert	3 PASTA Meat Sauce Fresh Baked Bread Fresh Fruit / Dessert	4 BURGERS or Cheeseburgers Potato Chips Fresh Fruit / Dessert	5 Chicken Quesadillas Rice and Fixings Fresh Fruit / Dessert	6 TOASTED ITALIAN SUB Chips Fresh Fruit / Dessert
9 Chicken Parm Subs Fresh Fruit/Dessert	10 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	11 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	12 HAWAIIAN PORK Coconut Rice Fresh Fruit / Dessert	13 SLOPPY JOES Chips Fresh Fruit / Dessert
16 Meatball Subs Chips Salad Fresh Fruit / Dessert	17 PASTA Tortellini Rose Fresh Baked Bread Fresh Fruit / Dessert	18 CHICKEN DRUMSTICKS Mashed Potatoes Fresh Fruit / Dessert	19 BURGERS Or Cheeseburgers Chips Fresh Fruit / Dessert	20 Chicken Quesadillas Rice and Fixings Fresh Fruit / Dessert
23 Chicken Parm Subs Fresh Fruit/Dessert	24 PASTA Chicken Alfredo Fresh Baked Bread Fresh Fruit / Dessert	25 MEATLOAF Mashed Potatoes Fresh Fruit / Dessert	26 CHICKEN & MAC All White Meat Tenders Mac & Cheese Fresh Fruit / Dessert	27 CHICKEN SOFT TACOS Rice & Fixings Fresh Fruit / Dessert
30 NO SCHOOL	31 PASTA Meat Sauce Fresh Baked Bread Fresh Fruit / Dessert	1 Chicken Parm Subs Fresh Fruit/Dessert		